

De La Salle Retreat Centre offers...
a reflective, dynamic and inspiring Celtic experience

Glendalough School Pilgrimage



For an authentic Celtic experience, we offer second level students a one-day pilgrimage journey through the Valley of Glendalough, Co. Wicklow.

Meet us at the Glendalough Visitor Centre, where we will accompany you and your group through various ancient and sacred places around the valley, with the central focus being on the spiritual and historical significance of Glendalough.

Enquiries and School Bookings: Eugene Smith

Mobile: 085 7330 191

Office: 085 223 4579

Email: info@delasalleretreatsdublin.org

Visit: www.delasalleretreatsdublin.org

Each day runs from 10am-2pm.



OVERVIEW OF THE DAY

"The Glendalough experience is a day tailored to the individual. It is a sensory, spiritual and bonding experience, where the world of nature and faith meets the youth of today.

On arrival at the visitors' centre, the students are divided into groups of 15/20 with each group having their own facilitator.

The facilitator accompanies the newly formed smaller groups through the Monastic City of Glendalough and the Valley of Glendalough. We take them to St. Kevin's Well where we conduct meditation, personal reflection and connection with nature. We invite them to participate in the Labyrinth and lead them through the pilgrim experience. This is the 'pilgrimage' within Irish Celtic Spirituality and we share with them how in the past, people stopped at resting places along their 'pilgrim journey'. The resting places are known as 'stations' and as part of the day, we too stop and reflect at various 'stations' such as the Sanctuary Stone, The Round Tour, St. Kevin's Cross and The Cathedral.

After an hour into the day, we take a short break at the visitors' centre for a comfort stop. We then take the students on an hour and a half hour hike up through the Derrybawn Woodland Trail. At its peak, there is time for students to have their lunch and admire the spectacular views of the Glendalough valley and the lakes below. We finish the tour at the upper lake with a short ritual. We provide a small snack and a souvenir bookmark to commemorate the occasion.

Normally we finish the day about 2pm and we leave you at the upper lake to enjoy the views and the landscape. This allows enough time for you and your group to make your way back along the boardwalk to the original car park where the bus pickup is at 2.30pm."